



Learn the Art of Zentangle with Audrey Markowitz

Is Zentangle right for you? Take this quiz.

1. Can you hold a pencil? A pen?

Yes - Excellent. Give yourself a point and continue to question 2.

No - Are you sure? Really?!? OK, then you may not be able to make Zentangle art. Maybe you'd like to buy some of mine!

2. Can you spare 15 minutes to do something that will make you feel better and is not fattening or harmful in any way?

Yes - Great! Give yourself a point and continue to question 3.

No - Are you sure? Do you ever need to wait in a doctor's office? Do you ever get a coffee or cigarette break? Waiting for a child at practice? Listening to music? It really does not take long.

3. Are you artistic?

No - WONDERFUL!! You'll probably take to Zentangle more easily than someone who may worry about "results."

Yes - Also wonderful! You may learn a new way to express your creativity.
Take another point for either answer.

4. Are you interested in any of the following ? Give yourself 1 point for each:

1. learning to do something fun
2. making something beautiful
3. improving your focus
4. relaxing
5. stimulating your creativity
6. increasing your confidence

Yes! Zentangle can help with all of the above! (and more!)

Did you score at least one point? **Congratulations, Zentangle is right for you!**

What if **I've** already taken the class?

Join us anyway! It will be a great refresher! I have many students who repeat Zentangle classes because it provides them an opportunity to practice, pick up details they may have missed the first time around, and reconnect with an art form they really enjoy!

Price: \$41 includes a wonderful Zentangle mini kit.

When: Saturday, January 13, 2018

Time: 10:00am – 1:30pm

Where: Unity of the Sierra
1933 California Street
Carson City, NV 89701

For more information about the class please contact Peggy Pruitt at Unity of the Sierra.

Phone: 775-841-2221. Email Address: information@unityofthesierra.org

Please register by: 1/7/2018